

To Take Your Measurements:

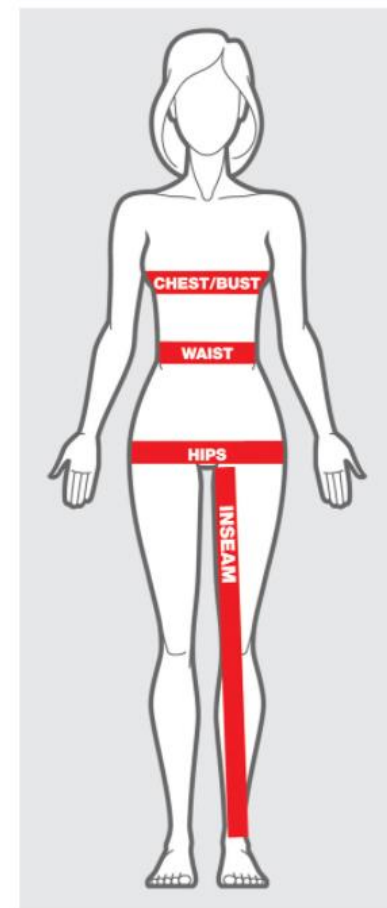
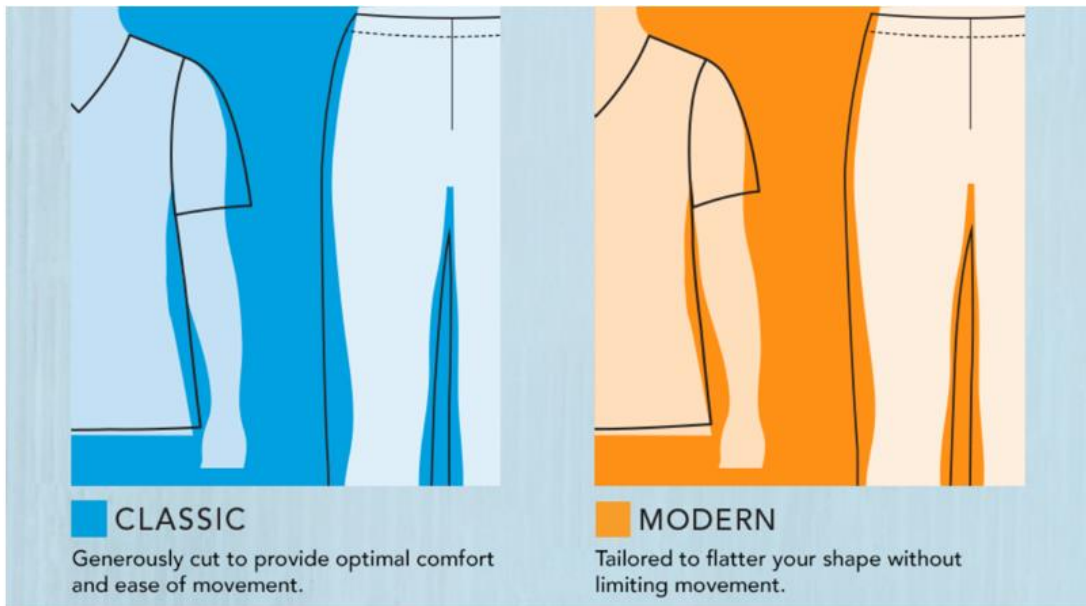
BUST The measurement over the fullest part of the chest of apex point.

WAIST The measurement of the smallest indentation of the natural waistline.

HIPS The measurement of the fullest curve of the hip or approximately 8" below the waistline.

**INSEAM /
INSIDE LEG** The measurement from the top of the inner thigh down to 1" below the ankle bone.

NOTE For accurate measurements, pull the measuring tape snugly to your body and avoid stretching.



HOW TO MEASURE

CHEST: The measurement over the fullest part of the chest.

HIPS: The measurement of the fullest curve of the hip or approximately 8" below the waistline.

WAIST: The measurement of the smallest indentation of the natural waistline.

INSEAM/INSIDE LEG: The measurement from the top of the inner thigh down to 1" below the ankle bone.

Women's Fit Guides

WOMEN'S APPAREL

SIZE	XXS	XS	S	M	L	XL	2X	3X	4X	5X
BUST	29-30	31-33	34-35	36-38	39-42	43-45	46-49	50-53	54-57	58-61
WAIST	22-23	24-25	26-28	29-31	32-34	35-37	38-41	42-45	46-49	50-53
HIPS	32-33	34-35	36-38	39-41	42-44	45-47	48-51	52-55	56-59	60-63

Fit Chart for Style 7602 Pant

UNISEX

Size	XXS	XS	S	M	L	XL	2X	3X	4X	5X
CHEST	27-29	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
WAIST	22-24	25-27	28-30	31-34	35-38	39-42	43-46	47-51	52-55	56-60
HIP	31-33	34-35	36-38	39-41	42-45	46-49	50-53	54-57	58-61	62-65

Fit Chart for Style IDN3002-Compression Shirt

LADIES' GARMENT SIZE	XS	S	M	L	XL	2XL
Numeric Sizing (USA/Canada)	2	4-6	8-10	12-14	16-18	20
Numeric Sizing (European)	32	34-36	38-40	42-44	46-48	50
Chest	31" - 32"	33" - 35"	36" - 38"	39" - 42"	43" - 45"	46" - 49"
Waist	23" - 24"	25" - 27"	28" - 30"	31" - 32"	33" - 35"	36" - 38"
Hip	33" - 34"	35" - 37"	38" - 40"	41" - 42"	43" - 45"	46" - 48"
Sleeve Length	29.5" - 30"	30.5" - 31"	31.5" - 32"	32.5" - 33"	33.5" - 34"	34.5" - 35"

Fit Chart for Style NHC1000 Jacket

SIZE (Measurements in inches)	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST (1" below armhole)	24	25	26	27	28	29	30	31	32
BODY LENGTH (from center back neck)	29	29.5	30	30.5	31	31.5	32	32.5	33
SLEEVE LENGTH (from center back neck)	34	35	36	37	38	38.5	39	39.5	40